



KGV

sodexo
at SCHOOL



“

**MAKE YOUR
VOICE
HEARD**

Every voice matters

”



**GIVE YOUR
FEEDBACK TO US**



 **SCAN THIS QR CODE**

 **SPEAK TO A STAFF MEMBER**



MENU MECHANISM



All our meals are
Nuts Free



All our eggs are
Cage Free



Discover
Locally Made
products



Savor
Low Carbon
footprint
produce



Ingredients
good for
Planet & Health



GO & ENJOY



OK BUT THINK



BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



ALLERGEN DAIRY



ALLERGEN EGG



VEGETARIAN



VEGAN



MILD SPICY

A Healthy and Balanced Diet Every Day!





Sign up for our
e-Newsletter

**Scan QR code
to follow & visit us**



**Sodexo
Hong Kong Website**



**Sodexo
Instagram**

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

June 8 - 12

WEEKLY MENU



08/06 Monday

09/06 Tuesday

10/06 Wednesday

11/06 Thursday

12/06 Friday

SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in 	Thai Style Green Curry Pork w/ Rice 	Grilled Chicken Steak in Onion Sauce w/ Rice	Beef Bolognese Spaghetti	Hungarian Beef Goulash w/ Rice OR Pasta	Homemade BBQ Pork w/ Rice
Meal B \$41 Takeaway \$38 Dine-in	Tuscan Chicken Stew w/ Pasta 	Baked Fish Florentine w/ Pasta 	Braised Chicken w/ Leek & Assorted Mushrooms in Peppercorn Sauce, Rice	Braised Pork Chop w/ Onion & Tomato, Rice 	Chicken a-la-king w/ Pasta OR Rice
Meal C \$38 Takeaway \$35 Dine-in 	(Vegan) Braised Wheat Gluten w/ Cabbage & Black Fungus, Rice 	(Vegan) Omni-Meat Mapo Tofu w/ Rice 	(Vegan) Channa Masala w/ Rice OR Pita Bread 	(V) Cauliflower Alfredo Pasta 	(V) Stir-fried Egg Noodles w/ Assorted Organic Vegetables

BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday Lunch 12:00nn - 1:15pm; Tuesday to Friday Lunch 1:15pm - 2:15pm

Bowl \$41	Stir-fried Flat Rice Noodles w/ Beef	Pho Thap Cam (Pre-order Available)	Japanese Char Siu Ramen (Pre-order Available)	Taiwanese Soup Noodles w/ Chicken Steak (Pre-order Available) 	Tteok-Bokki
---------------------	---	---	--	--	------------------------

LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36 	Grilled Bacon Caesar 	Japanese Soba Noodles in Yuzu Dressing	(V) Potato & Apple Salad in Thousand Island Dressing 	Mixed Kale Salad w/ Grilled Chicken in Italian Dressing 	Tuna Nicoise
------------------------------	---------------------------------	---	---	--	-------------------------

PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm

Pizza A \$30 	Ham & Cheese 	Bacon & Cheese 	Chicken & Mushroom 	Pepperoni & Cheese 	Meat Lover
Pizza B (Vegetarian) \$30 	(V) Trio Cheese 	(V) Marinara 	(V) Margherita 	(V) Trio Cheese 	(V) Marinara



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



June 8 - 12

WEEKLY MENU

sodexo

08/06 Monday				09/06 Tuesday			10/06 Wednesday			11/06 Thursday			12/06 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Thai Style Green Curry Pork w/ Rice			Grilled Chicken Steak in Onion Sauce w/ Rice			Beef Bolognese Spaghetti			Hungarian Beef Goulash w/ Rice OR Pasta			Homemade BBQ Pork w/ Rice		
	165	6	8	143	10	4	146	7	5	186	11	6	140	8	5
Meal B	Tuscan Chicken Stew w/ Pasta			Baked Fish Florentine w/ Pasta			Braised Chicken w/ Leek & Assorted Mushrooms in Peppercorn Sauce, Rice			Braised Pork Chop w/ Onion & Tomato, Rice			Chicken a-la-king w/ Pasta OR Rice		
	132	13	3	152	12	5	110	5	4	151	12	6	176	12	16
Meal C	(Vegan) Braised Wheat Gluten w/ Cabbage & Black Fungus, Rice			(Vegan) Omni-Meat Mapo Tofu w/ Rice			(Vegan) Channa Masala w/ Rice OR Pita Bread			(V) Cauliflower Alfredo Pasta			(V) Stir-fried Egg Noodles w/ Assorted Organic Vegetables		
	118	4	6	150	5	5	126	3	4	161	4	9	190	5	7
Bowl	Stir-fried Flat Rice Noodles w/ Beef			Pho Thap Cam			Japanese Char Siu Ramen			Taiwanese Soup Noodles w/ Chicken Steak			Tteok-Bokki		
	166	10	8	91	7	2	211	12	12	131	8	6	188	5	9
Salad Box	Grilled Bacon Caesar			Japanese Soba Noodles in Yuzu Dressing			(V) Potato & Apple Salad in Thousand Island Dressing			Mixed Kale Salad w/ Grilled Chicken in Italian Dressing			Tuna Nicoise		
	196	10	13	140	6	4	141	2	13	112	10	5	109	6	6



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



KGV